



Ottawa Carleton Soccer League

2451 Riverside Dr. Ottawa, ON. K1H 7X7 tel: 613 233-4451
web site: www.ocslonline.ca fax: 613 233-6051 e-mail: manager@ocslonline.ca

Callup Rules Overview

2026 Season

This document may be updated prior to the start of the season depending on which divisions run

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General Overview

- This document is an overview. For the full list of call up rules please refer to our Regional, District Competitive & Recreational Rules
- This document applies only to call ups, and not reserve teams
- A player must be called up from the highest team they are registered for
- Any call ups to an age restricted division must satisfy the age requirements of that division
 - Oldtimers players must be born in 1990 or earlier
 - Masters players must be born in 1975 or earlier
 - Grandmasters players must be born in 1970 or earlier
- Recreational players can be called up to any competitive teams
- Competitive players cannot be called up to recreational teams
- A team may not call up a player that is registered to another team playing in their division



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Men's & Women's Competitive

- Competitive players cannot be called up to recreational teams
- Players can be called up to a maximum of six (6) games per season (limit does not apply to reserve team players)
- Up until July 31st, teams can call up a maximum of four (4) players per game. As of August 1st, the limit is removed.
- The column on the left indicates the division the player is registered to. The row along the top indicates the team the player is being called up to.
YES = Eligible to be called up
NO = Cannot be called up

	Prem	C1	C2	C3	C4	U21
Prem	NO	NO	NO	NO	NO	NO
C1	YES	NO	NO	NO	NO	NO
C2	YES	YES	NO	NO	NO	NO
C3	YES	YES	YES	NO	NO	NO
C4	YES	YES	YES	YES	NO	NO
U21	YES	YES	YES	YES	YES	NO



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Oldtimers & Masters

- OT1 players can only be called up to MR1, but no other MR divisions
 - OT1 players can be called up to MOT1, but no other MOT divisions
 - Oldtimers teams can call up a maximum of four (4) players per game (see section A. below, and the callup table on page 5 for more info)
 - Masters teams can call up a maximum of six (6) players per game (see section B. below, and the callup table on page 5 for more info)
 - Players can be called up to a maximum of six (6) games per season
- A. Teams in OT divisions may call up players from a higher OT division under the following conditions (in addition to restrictions above):
- A player that is registered to an OT team that is more than 2 divisions above the division of the game played is ineligible (*ex: an OT2 player can be called down to an OT3 or OT4 team, but not to an OT5 or lower-level team*)
 - A team using higher OT division players may call up a maximum of 3 higher division players in a game.
 - A team with any higher OT division players on the game sheet is limited to 15 players on their game sheet for the game played.
 - Callups from lower OT divisions or other age categories are still allowed within the limit of 4 callups and 15 players on game sheet when using a player from a higher OT division.
 - When no higher OT division callups are being used, teams may have up to 25 players on the game sheet.
- B. Teams in Masters divisions may call up players from a higher Masters division under the following conditions (in addition to restrictions above):
- A player that is registered to a Masters team that is more than 2 divisions above the division of the game played is ineligible
 - A team using higher Masters division players may call up a maximum of 3 higher division players in a game.
 - A team with any higher Masters division players on the game sheet is limited to 16 players on their game sheet for the game played.
 - Callups from lower Masters divisions or other age categories are still allowed within the limit of 6 callups and 16 players on game sheet when using a player from a higher Masters division.
 - When no higher Masters division callups are being used, teams may have up to 25 players on the game sheet.



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- The column on the left indicates the division the player is registered to. The row along the top indicates the team the player is being called up to.
YES = Eligible to be called up
YES = Eligible to be called down within limitations (limitations outlined on page 4)
NO = Cannot be called up

	OT1	OT2	OT3	OT4	OT5	OT6	OT7	MOT1	MOT2	MOT3	MOT4
OT1	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO
OT2	YES	NO	YES	YES	NO	NO	NO	YES	YES	YES	YES
OT3	YES	YES	NO	YES	YES	NO	NO	YES	YES	YES	YES
OT4	YES	YES	YES	NO	YES	YES	NO	YES	YES	YES	YES
OT5	YES	YES	YES	YES	NO	YES	YES	YES	YES	YES	YES
OT6	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	YES
OT7	YES	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES
MOT1	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES	NO
MOT2	YES	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES
MOT3	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	YES
MOT4	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO



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Men's Recreational

- MR players can be called up to any men's competitive teams
- MR teams can call up a maximum of four (4) players per game
- MR players can be called up to a maximum of six (6) games per season
- MR1 players can be called up to OT1 or MOT1, but no other OT or MOT divisions
- The column on the left indicates the division the player is registered to. The row along the top indicates the team the player is being called up to.
YES = Eligible to be called up.
NO = Cannot be called up

	MR1	MR2	MR3	MR4	MR5	MR6
MR1	NO	NO	NO	NO	NO	NO
MR2	YES	NO	YES	YES	YES	YES
MR3	YES	YES	NO	YES	YES	YES
MR4	YES	YES	YES	NO	YES	YES
MR5	YES	YES	YES	YES	NO	YES
MR6	YES	YES	YES	YES	YES	NO



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Women's Recreational

- WR players can be called up to competitive teams
- WR teams can call up a maximum of four (4) players per game
- WR can be called up to a maximum of six (6) games per season

The column on the left indicates the division the player is registered to. The row along the top indicates the team the player is being called up to.

YES = Eligible to be called up

NO = Cannot be called up

YES = Eligible to be called up, but of *the four (4) players WR2, WR3, and WR4 teams may per game, a maximum of two (2) can be called up from a WR1 team.*

	WR1	WR2	WR3	WR4
WR1	NO	YES	YES	YES
WR2	YES	NO	YES	YES
WR3	YES	YES	NO	YES
WR4	YES	YES	YES	NO