



## Ottawa Carleton Soccer League

2451 Riverside Dr. Ottawa, ON. K1H 7X7 tel: 613 233-4451  
web site: [www.ocslonline.ca](http://www.ocslonline.ca) fax: 613 233-6051 e-mail: [manager@ocslonline.ca](mailto:manager@ocslonline.ca)

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### REGIONAL (MP & WP)

#### Division Sizes

In 2025 the OCSL will operate the following divisions, each containing the following maximum number of teams:

Men's Premier	9 teams
Women's Premier	8 teams

SOSA is guaranteed one spot in the Premier division. They shall select the team to participate.

#### Number of Games

- MP: 16 games
- WP: 14 games

#### Format

Teams in MP and WP will play a home and away season.

#### Promotion and Relegation

The bottom two (2) teams in Premier will be relegated to C1 division in the subsequent season (2026).

The top two (2) teams in C1 will be promoted to the Premier division the subsequent season (2026).

Should a spot in a Premier division open (e.g., where it is known that a team is not returning to the Premier division in 2026), the spot will be offered to teams using the following based on where they finished in 2025:

1. The team that finishes 3<sup>rd</sup> in the C1 division
2. If declined, the team that finishes second-last in the 2025 Premier division
3. If declined, it will be offered to the last place Premier team
4. If declined, the spot will continue to be offered to the next highest team in line from the C1 division until accepted. Teams may only be promoted to the Premier division if they finish within six points of the second place C1 team. All promotions to the MP and WP divisions must be approved by Ontario Soccer.



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### COMPETITIVE (C1-C4 & U21)

#### DIVISION SIZES

In 2025 the OCSL will operate C1-C4, U21 Premier and U21 C1 divisions.

MC1	14
MC2	13
MC3	8
MC4	11
U21 Premier	18
U21 C1	12

WC1	8
WC2	10
U21 Premier	9

#### NUMBER OF GAMES

##### Men's

- MC1: 13 games
- MC2: 12 games
- MC3: 14 games
- MC4: 12 games (10 + 2)
- U21 Premier: 13 games (8 + 5)
- U21 C1: 12 games

##### Women's

- WC1: 14 games
- WC2: 13 games (9 + 4)
- U21 Premier: 16 games



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### FORMAT

#### MC1 & MC2

Play each opponent once

#### MC3 & U21 C1

Play each opponent twice (home and away)

#### MC4

Teams in MC4 will play each team once. After that, each team will receive two playoff games. The top four (1<sup>st</sup> to 4<sup>th</sup>) teams in league play will participate in the championship playoff. The next four (5<sup>th</sup> to 8<sup>th</sup>) will play in the consolation playoff. The bottom three (9<sup>th</sup> to 11<sup>th</sup>) will play a game against each of the other two teams for the wooden spoon. As follows:

##### MC4 Championship Playoff

- Semifinal #1: 1<sup>st</sup> v 4<sup>th</sup>
- Semifinal #2: 2<sup>nd</sup> v 3<sup>rd</sup>
- 3<sup>rd</sup> Place: Semifinal losers
- Final: Semifinal winners

##### MC4 Consolation Playoff

- Semifinal #1: 5<sup>th</sup> v 8<sup>th</sup>
- Semifinal #2: 6<sup>th</sup> v 7<sup>th</sup>
- 3<sup>rd</sup> Place (7<sup>th</sup> Place overall): Semifinal losers
- Final (5<sup>th</sup> Place overall): Semifinal winners

##### MC4 Wooden Spoon Playoff

- 9<sup>th</sup> v 10<sup>th</sup>
- 9<sup>th</sup> v 11<sup>th</sup>
- 10<sup>th</sup> v 11<sup>th</sup>

#### Men's U21 Premier

There will be two stages.



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### First Stage

In the first stage, teams will be divided into two divisions: U21 Premier East and U21 Premier West. Each division will have nine teams. Each team will play each of the opponents in their division once (8-games). Where teams finish in the first stage determines where they play in the second stage.

### Second Stage

Teams will be placed into groups of six for the second stage. Here is where each team will be placed based on where they finish in the first stage:

- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in U21 Premier East and 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in U21 Premier West → Promotion Group
- 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> in U21 Premier East and 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> in U21 Premier West → Second Group
- 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> in U21 Premier East and 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> in U21 Premier West → Relegation Group

Each team will play each of the opponents in their group once (5-games).

### **U21 C1**

Play each opponent twice (home and away)

### **WC1**

Play each opponent twice (home and away)

### **WC2**

There will be two stages.

#### First Stage

Teams in WC2 will play each team once in the first stage of the season (9-games). Where teams finish in the first stage determines where they play in the second stage

#### Second Stage

Teams will be placed into a group of five for the second stage. Here is where each team will be placed based on where they finish in the first stage:

- 1<sup>st</sup> through 5<sup>th</sup> → Promotion Group
- 6<sup>th</sup> through 10<sup>th</sup> → Relegation Group

Each team will play a round robin against the each of the other four teams in their group (4-games). The bottom five will play a round robin against the each of the other four teams in their group (4-games).



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### Women's U21 Premier

Play each opponent twice (home and away)

## PROMOTION & RELEGATION

### MC1

#### Promotion

The top two teams in MC1 will be promoted to MP in 2026.

#### Relegation

The bottom two teams in MC1 will be relegated to MC2 in 2026.

### MC2

#### Promotion

The top two teams in MC2 will be promoted to MC1 in 2026.

#### Relegation

The bottom two teams in MC2 will be relegated to MC3 in 2026.

### MC3

#### Promotion

The top two teams in MC3 will be promoted to MC2 in 2026.

#### Relegation

The bottom two teams in MC3 will be relegated to MC4 in 2026.

### MC4

#### Promotion

The winner of the MC4 league will be offered promotion to MC3. The winner of the Championship playoff will be offered promotion. If the league winner and playoff winner are the same team, the team that finishes 2<sup>nd</sup> in league play will be promoted.

#### Relegation

Not Applicable



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### Men's U21 Premier

#### Promotion

The winner of the second stage Championship Group will be offered promotion to MC2 in 2026

The second-place team of the Championship Group will be offered promotion to MC3 in 2026.

#### Relegation

The bottom two teams of the relegation group may be relegated to the U21 C1 division in 2026 (pending membership approval)

### Men's U21 C1

#### Promotion

The top two teams will be offered promotion to Men's U21 Premier in 2026.

#### Relegation

Not applicable

### WC1

#### Promotion

The top two teams in WC1 will be promoted to WP in 2026.

#### Relegation

The bottom two teams in WC1 will be relegated to WC2 in 2026.

### WC2

#### Promotion

The winner of the WC2 league will be offered promotion to WC1 in 2026.

The winner of the second stage will be offered promotion to WC1 in 2026. If the winner of the first and second stage are the same team, the team that finishes 2<sup>nd</sup> in league play will be promoted.

#### Relegation

Not applicable

### Women's U21 Premier

#### Promotion

The winner of the U21 division will be offered promotion to WC1 the following season. If declined, it will be offered to the 2<sup>nd</sup> place team.



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### **OPEN SPOTS IN ANY COMPETITIVE DIVISION**

Should a spot in a competitive division open (e.g., where it is known that a club with an existing spot is not returning in 2026), the spot will be offered to teams using the following based on where they finished in 2025:

1. The team that finishes 3<sup>rd</sup> in the next lowest division
2. If declined, the team that finishes second-last in that division in 2025
3. If declined, it will be offered to the last place team in 2025
4. If declined, the spot will continue to be offered to the next highest team in line from the next lowest division until accepted.





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### RECREATIONAL (MR, WR, OT, MOT & Grand Masters)

#### Division Sizes

For the 2025 season, the OCSL's Recreational divisions will each contain the following maximum number of teams:

MR1	15
MR2	15
MR3	15
MR4	15
MR5	15
MR6	15

WR1	15
WR2	15
WR3	15
WR4	15

OT1	8
OT2	8
OT3	8
OT4	8
OT5	8
OT6	8
OT7	16

MOT1	8
MOT2	8
MOT3	15
MOT4	15

#### Number of games

All recreational teams will play 14 games



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### Format

All divisions will play 14 games in the league, except for WR4, MOT4 and OT1/2 who will have a second phase/playoff.

#### WR4

There will be two stages.

##### First Stage

Teams in WR4 will play each team once in the first stage of the season (11-games). Where teams finish in the first stage determines where they play in the second stage

##### Second Stage

Teams will be placed into a group of four for the second stage. Here is where each team will be placed based on where they finish in the first stage:

- 1<sup>st</sup> through 4<sup>th</sup> → First Tier
- 5<sup>th</sup> through 8<sup>th</sup> → Second Tier
- 9<sup>th</sup> through 12<sup>th</sup> → Third Tier

Each team will play a round robin against the each of the other three teams in their group (3-games)

#### MOT4

There will be two stages.

##### First Stage

Teams in MOT4 will play each team once in the first stage of the season (10-games). Where teams finish in the first stage determines where they play in the second stage

##### Second Stage

Teams will be placed into one of two groups for the second stage. Here is where each team will be placed based on where they finish in the first stage:

- 1<sup>st</sup> through 6<sup>th</sup> → Promotion Group
- 7<sup>th</sup> through 11<sup>th</sup> → Second Tier

Each team will play a round robin against the each of the other 4-5 teams in their group (4-5-games)



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### OT1/2

Each team will play each of the opponents in their division once (13-games).

Each team will get an additional playoff game. Here is who each team will play based off of where they finish:

- 1<sup>st</sup> vs 2<sup>nd</sup>
- 3<sup>rd</sup> vs 4<sup>th</sup>
- 5<sup>th</sup> v 6<sup>th</sup>
- 7<sup>th</sup> v 8<sup>th</sup>
- 9<sup>th</sup> v 10<sup>th</sup>
- 11<sup>th</sup> v 12<sup>th</sup>
- 13<sup>th</sup> v 14<sup>th</sup>

### Promotion, Relegation & New Team Placement

#### MR & WR

Teams that finish top two (2) are eligible for promotion. Recreational teams can decline promotion – except in cases where a team finishes first (in the same division) in consecutive seasons, the LMB has the authority to move the team in question to the next highest division.

Teams that finish bottom two in a division for the 2025 season will only be relegated for the subsequent season if divisions need to be balanced.

New teams may request to play in any division. If there is space in the division, they will be placed there. If there isn't, they will be offered a spot in a different division. The LMB will review new team applications on April 23 and inform clubs which division their team is being offered a spot in by April 29.

#### OT & MOT

The first-place team in each division will be promoted to the next highest division for the subsequent season (2026). OT & MOT teams cannot decline promotion.

The last place team in each division will be relegated to the next lowest division for the subsequent season (2026).



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Should a spot open in a division, it will be offered to the second-place team of the next lowest division from the 2025 season, provided they finished within 6 points of the first-place team. If the team declines promotion, it will be offered to 3<sup>rd</sup> place team from said division.